Cybersecurity Basics

Essential Security Practices

1. Password Security
- Use strong, unique passwords
- Enable two-factor authentication
- Use password manager
- Change passwords regularly

2. Email Security
- Beware of phishing emails
- Verify sender addresses
- Don't click suspicious links
- Report suspicious emails

3. Device Security
- Keep software updated
- Use antivirus software
- Enable firewalls
- Regular backups

4. Network Security
- Use secure Wi-Fi networks
- VPN for public networks
- Secure home router
- Monitor network activity